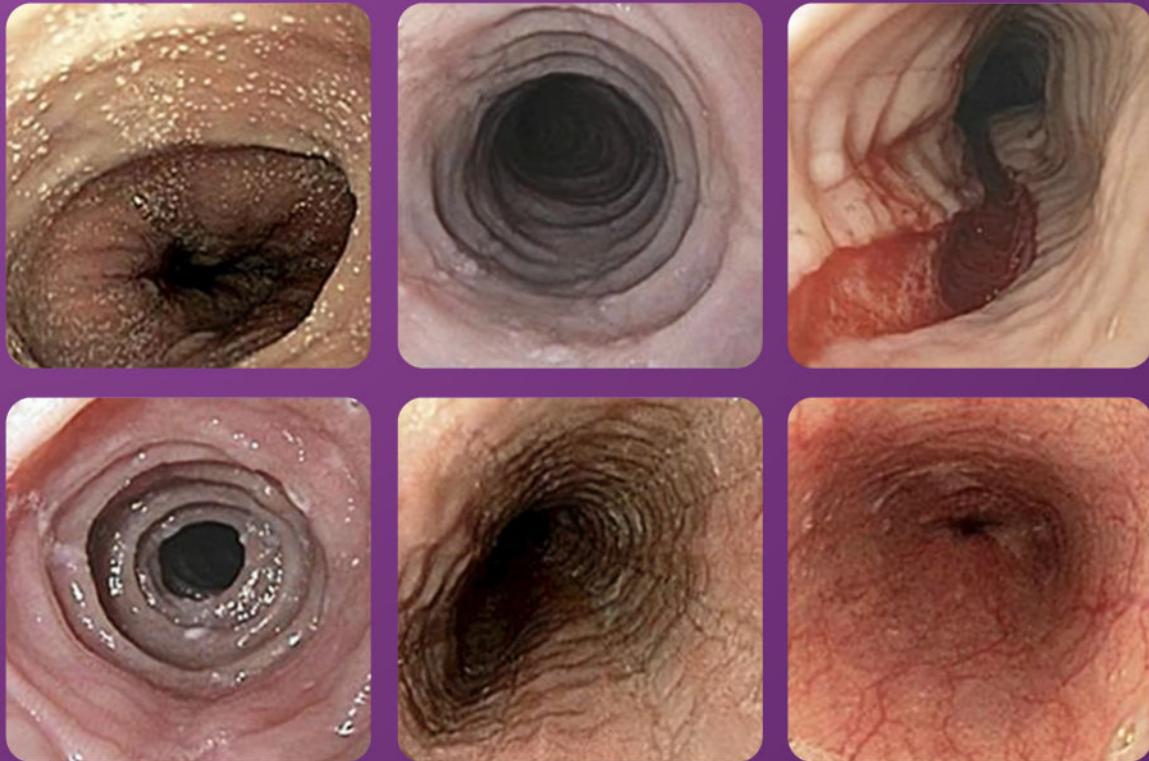

The Average Delay in Diagnosis of Eosinophilic Esophagitis (EoE) *in Adults is up to 10 years*

MAKE THE REFERRAL TO A GASTROENTEROLOGIST SOONER



EoE endoscopic features. (a) Normal esophagus, (b) white pinpoint exudate, (c) concentric rings and linear furrows, (d) linear furrows, (e) concentric rings, and (f) longitudinal tear. EoE, eosinophilic esophagitis (reproduced from Lee et al., 2018 [open access]) (72).



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Know the Clinical Presentation of EoE

Symptoms of EoE in Children¹

Feeding difficulties	Chest pain	Regurgitation	Cough after eating
Food aversion	Abdominal pain	Vomiting	Dysphagia
Decreased appetite	Choking/Gagging	Slow growth/failure to thrive/weight loss	Food impactions
Heartburn	Nausea		Sleep Disturbance

Symptoms of EoE in Adults¹

Decreased appetite	Chest pain	Vomiting	Food impactions
Heartburn	Nausea	Dysphagia	Sleep Disturbance
Early satiety	Regurgitation		

Questions to Ask Your Patients^{1,2,3}

Does the food get stuck when you eat?	Do you need to cut steak in small pieces?
Does it take you longer than others to eat?	Do you eat crusty bread?
Do you need to cut food into small pieces?	Do you need to make the crusty bread softer?
Do you need to drink with each bite of food?	Do you substitute blended or pureed food for solids?
Do you eat steak?	Do you avoid social settings involving food?

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